



Virginia Cardiovascular Specialists

Are you at risk for Vascular Disease?

Patient Name _____

Date _____

Date of birth _____

When cardiovascular disease affects the circulatory system, it is referred to as Vascular Disease. Vascular Disease is a common circulation problem in which the blood vessels, carrying blood to the legs or arms, become narrow or clogged. Vascular disease can greatly diminish a person’s quality of life and possibly lead to a life-threatening condition. Your answers to the following questions will help us know if you are at risk for Vascular Disease.

1. Do you get any discomfort, aching, or fatigue in your leg(s) when you walk? Yes No

2. Do you ever need to stop and rest when you are walking? If yes, how far can you walk before it bothers you? Yes No Less than a block About a block Several blocks

3. Do you have discomfort or difficulty if you walk up an incline, go up stairs, or walk at an increased speed? Yes No

4. Does the discomfort disappear within 10 minutes if you stand still? Yes No

5. Do you have any ulcers or slow healing wounds on your legs, feet or toes? Yes No

6. Have you experienced TEMPORARY: Loss of vision in one eye? Yes No Slurred speech? Yes No Weakness or numbness of an arm or leg on one side of your body? Yes No

7. Do you have (check all that apply): High cholesterol History of smoking High blood pressure

Reviewed by _____

Notes _____

Testing None indicated Arterial Doppler ABI Angiogram Exercise ABI Other _____